

Workshop On How To Prepare For Exams



The College of Mass Communication in cooperation with the Department of General Education at Al Falah University organized a workshop on how to prepare for exams delivered by Dr. Samer Abdel Hadi, Assistant Professor of Educational Psychology.

The workshop was attended by a number of university students from different colleges as well as faculty members and administrative staff.

During the workshop, the students discussed tips on how to prepare for tests, including optimism about achieving high grades, cautiousness towards negative thinking, time management, choosing the appropriate place for study in terms of ventilation and lighting, and taking sufficient time for sleep and rest.

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